



101.1 – Homework Pack

PRACTICE

Importance of Health and Safety in Construction



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Purpose.

To help learners practise and reinforce the key knowledge required for **Assessment Criteria 1.1–1.4**, including:

- Why health and safety matters
- What the HSE does
- Key regulations under the Health and Safety at Work Act 1974
- Responsibilities of employers and employees

This pack builds confidence with essential vocabulary and concepts before moving on to 101.2.

Brief.

Complete all activities in this pack. Use your class notes, the worksheets provided, and the keywords list to help you. Work independently and answer in full sentences where required. This pack is designed to help you practise the core knowledge for Unit 101.1.

Resources.

- Your class notes from the 101.1 session
- Unit 101 handout (provided in class)
- Access to the following reference materials:
 - *Basic Construction Skills – Health & Safety* (City & Guilds)
 - HSE website: www.hse.gov.uk
- Pen, paper, highlighters
- Optional: PPE examples from your workplace or classroom (boots, gloves, hi-vis)

Assessment.

Your tutor will assess this homework through:

- Completion of all worksheets
- Accuracy of definitions and keyword use
- Correct identification of responsibilities and regulations
- Ability to apply knowledge to simple scenarios
- Self-assessment check at the end

This pack contributes to your formative assessment for Unit 101.

Skills.

Learners will develop:

- **Construction vocabulary** (HSE, COSHH, PUWER, PPE, etc.)
- **Reading comprehension**
- **Written communication**
- **Health & safety awareness**
- **Independent learning**
- **Basic problem-solving** (scenario tasks)
- **Attention to detail**



101.1.

Keywords.

Keyword Reference Sheet.

1. Accident

An unplanned event that results in injury, damage, or loss.

2. Fatality

A death caused by unsafe working conditions or serious incidents on site.

3. Hazard

Anything with the potential to cause harm (materials, equipment, environment, behaviour).

4. Risk

The likelihood and severity of harm occurring from a hazard.

5. Control Measure

An action or system put in place to reduce or eliminate risk.

6. Legislation

Laws that govern workplace safety (e.g. HASAWA 1974, CDM 2015).

7. Responsibility

Legal and moral duties of employers and employees to maintain safety.

8. Insurance

Financial protection affected by accident rates and safety performance.

9. Productivity

Output and efficiency impacted by safe or unsafe working practices.

10. Cost

The financial impact of accidents, including lost output, fines, claims, and downtime.



Matching Task 1.

Student Name:

Student Number:

Date:

Draw a line between the term and the correct definition.

Term	Definition
1. Health and Safety Executive (HSE)	A. Rules that control dangerous substances
2. COSHH	B. Organisation that enforces health and safety laws
3. PUWER	C. Rules for using work equipment safely
4. PPE	D. Equipment used to protect workers from harm
5. RIDDOR	E. System for reporting injuries, diseases and dangerous occurrences

Matching Task 2.

Student Name:

Student Number:

Date:

Responsibility	Employer or Employee?
1. Provide a safe workplace	A. Employer
2. Use PPE correctly	B. Employee
3. Complete risk assessments	A. Employer
4. Not put others at risk	B. Employee
5. Maintain safe machines and equipment	A. Employer

Matching Task 3.

Regulation	Covers
1. Noise at Work Regulations	A. Protecting workers from loud environments
2. Work at Height Regulations	B. Preventing falls from ladders, scaffolds and roofs
3. PPE Regulations	C. Ensuring workers have correct protective equipment
4. COSHH	D. Controlling hazardous substances
5. PUWER	E. Safe use of tools, machinery and equipment

Matching Task 4.

Student Name:

Student Number:

Date:

Importance	Outcome
1. Reduce accidents	Work continues without disruption
2. Minimise insurance costs	Fewer injuries and safer workers
3. Minimise lost output	Lower financial risk for employers

Fill in the Blanks

Student Name:

Student Number:

Date:

Task 3 – Regulations Under the Health & Safety at Work Act 1974

Fill in the blanks with the correct regulation.

1. _____ controls hazardous substances.
2. _____ covers safe use of tools and machinery.
3. _____ covers noise levels in the workplace.
4. _____ covers working safely at height.
5. _____ covers reporting injuries and dangerous occurrences.

Word bank: COSHH, PUWER, Noise at Work, Work at Height, RIDDOR

Task 4 – Responsibilities of Employers and Employees

Choose the correct word to complete each sentence.

1. Employers must provide a _____ workplace.
2. Employers must carry out _____ assessments.
3. Employees must not put _____ at risk.
4. Employees must use _____ provided by the employer.
5. Employers must maintain safe _____ and equipment.

Word bank: risk, machines, PPE, safe, risk

Activity Sheet.

Student Name:

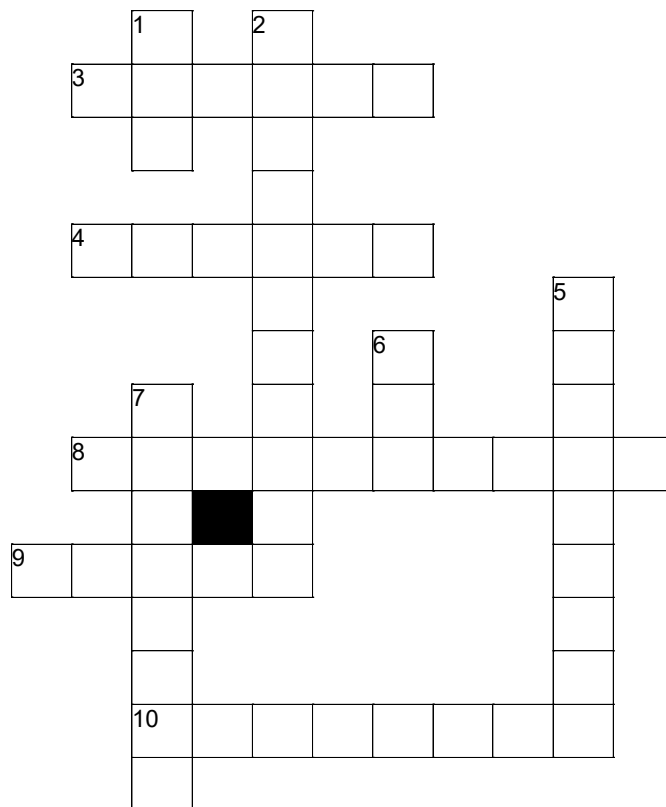


T T H L E S E L O R C M B S P B B
 Q D A K B X Y T X O N G U S V Q W
 H W V P I D E L Y R V E R N G F O
 A I Z S P S M C E U C U Q O T M O
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 B E P F V U O V A T Z J Q T X U B
 W D E O L L H T H X I E K A W H R
 U T T P P D R T D L M V M L P N P
 Y X V M H O S R M J Z S E U O M T
 V H E S P M B M C U Q N E G J K Q
 D F E M I I A Q K H T M P E I Z X
 R I I A K W K T A Z P M T R D U A
 N Z F K L L Q J X L B S M C T T R
 R A L E E T C F O F X T N O G R F
 I E C W C P H Y Z G G D I H V R P
 A D V T O N E I H Y P V U X X T U
 Z K I B T E Z R U D O F B D F W E

Law Act Employee Employer Executive
 Regulations Roles Importance Safety Health

Activity Sheet.

Student Name:



Across

- 3. Being protected from danger or harm on site.
- 4. The condition of a worker's body and mind.
- 8. The reason something matters or needs attention.
- 9. The jobs or responsibilities people have on site.
- 10. A worker who must follow safety rules.

Down

- 1. A rule that everyone must follow.
- 2. Official rules that must be followed in construction.
- 5. The organisation that enforces health and safety laws.
- 6. A law created and passed by Parliament.
- 7. The person or company responsible for workers.

Activity Sheet.

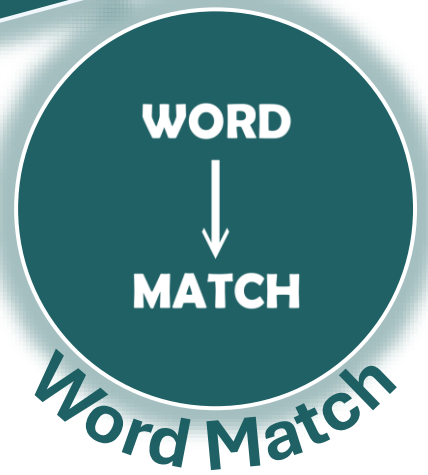
Student Name:



1. THLHAE _____
2. ETYASF _____
3. ETMCARONP _____
4. OSELR _____
5. LNUEOISRATG _____
6. IVUEECETX _____
7. YELPEMOR _____
8. OEYLEMPE _____
9. CAT _____
10. LWA _____

Activity Sheet.

Student Name:



- | | |
|---|-----------------------|
| 1. The condition of a worker's body and mind. | A. Law |
| 2. Being protected from danger or harm on site. | B. Roles |
| 3. The reason something matters or needs attention. | C. Safety |
| 4. The jobs or responsibilities people have on site. | D. Importance |
| 5. Official rules that must be followed in construction. | E. Regulations |
| 6. The organisation that enforces health and safety laws. | F. Employer |
| 7. The person or company responsible for workers. | G. Executive |
| 8. A worker who must follow safety rules. | H. Employee |
| 9. A law created and passed by Parliament. | I. Health |
| 10. A rule that everyone must follow. | J. Act |

H5P - Wordsearch.



Find the words from the grid

E	F	A	T	A	L	I	T	Y	D	E	Y	N	S	F
R	E	S	P	O	N	S	I	B	I	L	I	T	Y	V
D	T	H	J	J	P	W	L	H	A	Z	A	R	D	Q
Q	K	H	I	N	S	U	R	A	N	C	E	T	S	Y
E	R	U	S	A	E	M		L	O	R	T	N	O	C
D	P	R	I	S	K	C	L	O	G	H	L	Q	Y	C
P	R	O	D	U	C	T	I	V	I	T	Y	J	O	A
A	H	E	K	N	I	A	F	G	O	X	H	R	P	L
D	W	W	L	U	E	I	C	K	N	G	I	Z	B	K
D	R	B	R	N	G	U	K	C	B	D	Q	Y	X	S
Q	R	K	O	E	G	S	F	L	I	V	Q	M	E	Z
Z	U	X	X	J	T	D	Y	N	H	D	Q	D	S	F
M	I	C	E	L	H	J	G	T	T	K	E	J	G	J
R	S	L	E	G	I	S	L	A	T	I	O	N	X	Q
R	I	C	O	S	T	I	R	V	U	Y	S	E	T	A

Find the words

Accident	Fatality	Hazard	Risk	Control Measure	Legislation	Responsibility	Insurance
Productivity	COst						

⌚ Time Spent : 0:00 0 of 10 found

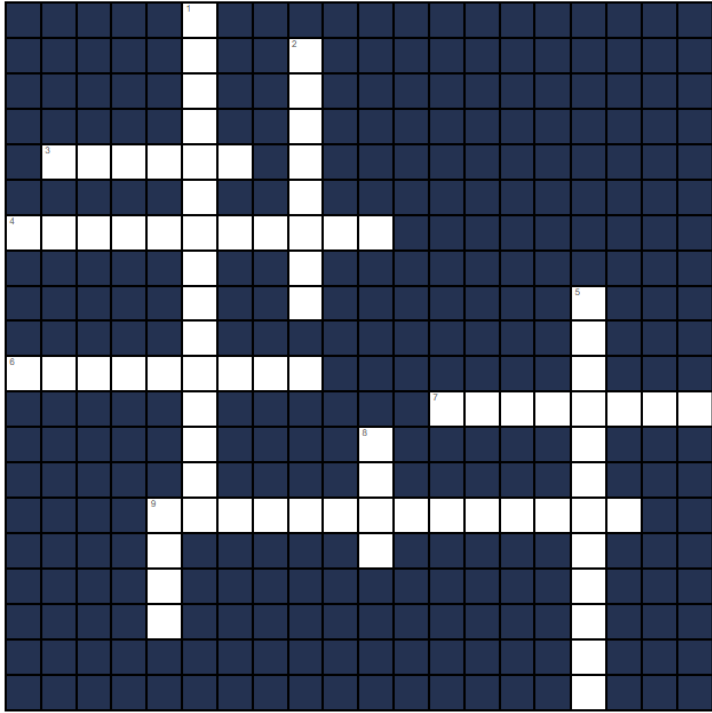
101.1 – Wordsearch.



H5P - Crossword.



solve the clues to find the words



Across

3 Anything with the potential to cause harm (materials, equipment, environment, behaviour). (6)

4 Laws that govern workplace safety (e.g. HASAWA 1974, CDM 2015). (11)

6 Financial protection affected by accident rates and safety performance. (9)

7 An unplanned event that results in injury, damage, or loss. (8)

9 Legal and moral duties of employers and employees to maintain safety. (14)

Down

1 An action or system put in place to reduce or eliminate risk. (7,7)

[Check](#) [Show solution](#) [Retry](#)

101.1 – Crossword.



H5P – Word Scramble.



Identify the correct word by dragging into the correct box

tacendic titalaty zahrad ksir
 lortnoc sueamre
 tionsagllel sitylropbonsi surnanice
 tivcuttypoir tsoc

Productivity

Hazard

Legislation

Fatality

Cost

Control Measure

Responsibility

Insurance

Risk

Accident

✓ Check

101.1 – Word Scramble.



City &
Guilds

Lecturer: James Rix

H5P – Word Match.



Drag images from the left to match them with corresponding images on the right

Hazard	Legislation	Productivity	A death caused by unsafe working conditions or serious incidents on site.	Output and efficiency impacted by safe or unsafe working practices.	Anything with the potential to cause harm (materials, equipment, environment, behaviour).
Legislation	Risk	Control Measure	Financial protection affected by accident rates and safety performance.	Laws that govern workplace safety (e.g. HASAWA 1974, CDM 2015).	An unplanned event that results in injury, damage, or loss.
Fatality	Insurance	Cost	An action or system put in place to reduce or eliminate risk.	Legal and moral duties of employers and employees to maintain safety.	The likelihood and severity of harm occurring from a hazard.
Accident			The financial impact of accidents, including lost output, fines, claims, and downtime.		

✓ Check

101.1 – Word Match.



Evidence.

Student Name:

Student Number:

Date:

Place Evidence Here

Description

Evidence.

Student Name:

Student Number:

Date:

Thank You.

We would like to say thank you for using this learning material, we hope you found it useful.



If you have any questions regarding this or any other learning material, or have any suggestions about improvements or ideas please email James Rix at:

educon@gmail.com

