



101.1 – Homework Pack

PREPARATION

Importance of Health and Safety in Construction



Contents.

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Purpose.

To prepare learners for the next lesson by introducing the ideas of **hazards, risks, and risk assessment**.

This pack builds on the understanding of health & safety importance and encourages independent reading from trusted sources.

Brief.

1. Read the extracts provided from your textbook and the HSE website.
2. Complete the reflection sheet explaining how health & safety principles help prevent accidents.
3. Fill in the glossary for the new keywords: *hazard, risk, risk assessment*.
4. Answer the comprehension questions in full sentences.
5. Bring your completed pack to the next session.

Resources.

- *Basic Construction Skills – Health & Safety* (City & Guilds)
- HSE website: www.hse.gov.uk/construction (hse.gov.uk in Bing)
- Unit 101 coursework
- Pen, paper, highlighters
- Optional: classroom posters on accident prevention

Assessment.

- Tutor review of completed reflection and glossary
- Discussion in next session on hazard identification
- Feedback recorded on learner progress sheet

Skills.

- Reading comprehension
- Independent learning
- Vocabulary development
- Linking prior and future learning
- Health & safety awareness
- Reflective thinking

Reading.

Student Name:

Student Number:

Date:

Reading Task

Read the short extracts provided from your textbook and the HSE website. Then answer the questions below in full sentences.

Questions:

1.What is the main job of the HSE?

2.Why must employers complete risk assessments?

3.Give one example of how employees can help keep the workplace safe.

4.How does good health and safety benefit both workers and employers?

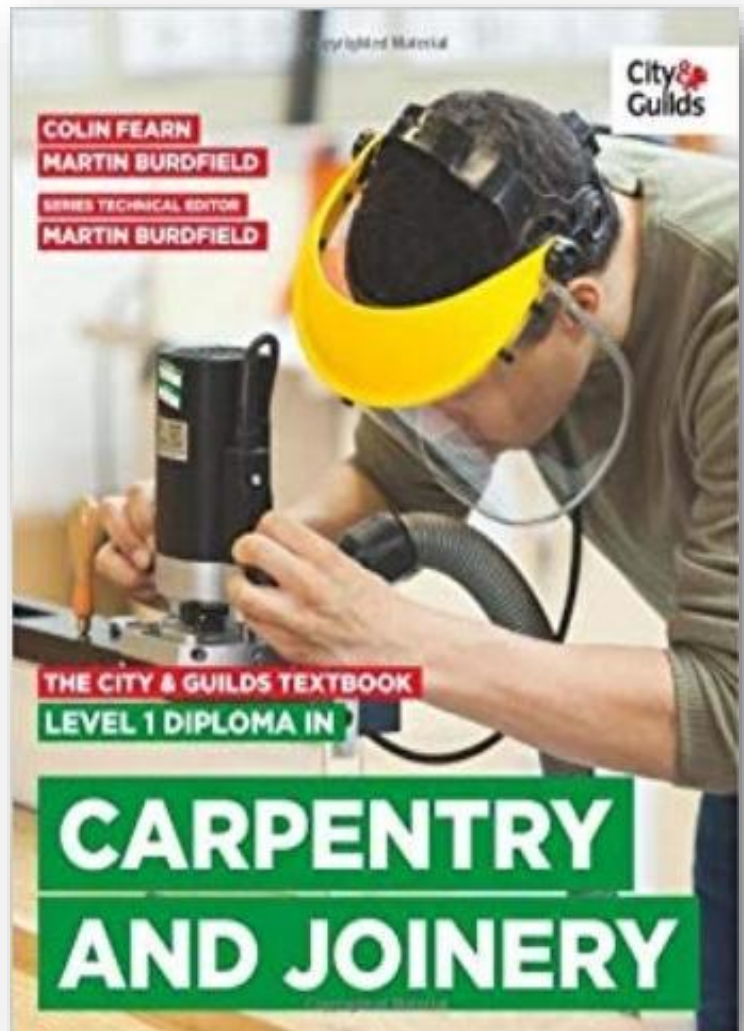
Textbook 1.

City and Guilds Textbook

L1 Diploma Carpentry and Joinery

ISBN10: 0851932673

ISBN13: 978-051932675



Unit 101 Requirement	Textbook Section	Page(s)
Importance of H&S	Health & safety legislation	p.2
HSE roles	HSE section	p.8
Main regulations	Principal legislation list	p.3
Employer/employee responsibilities	HASAWA duties	p.3–4 & p.6

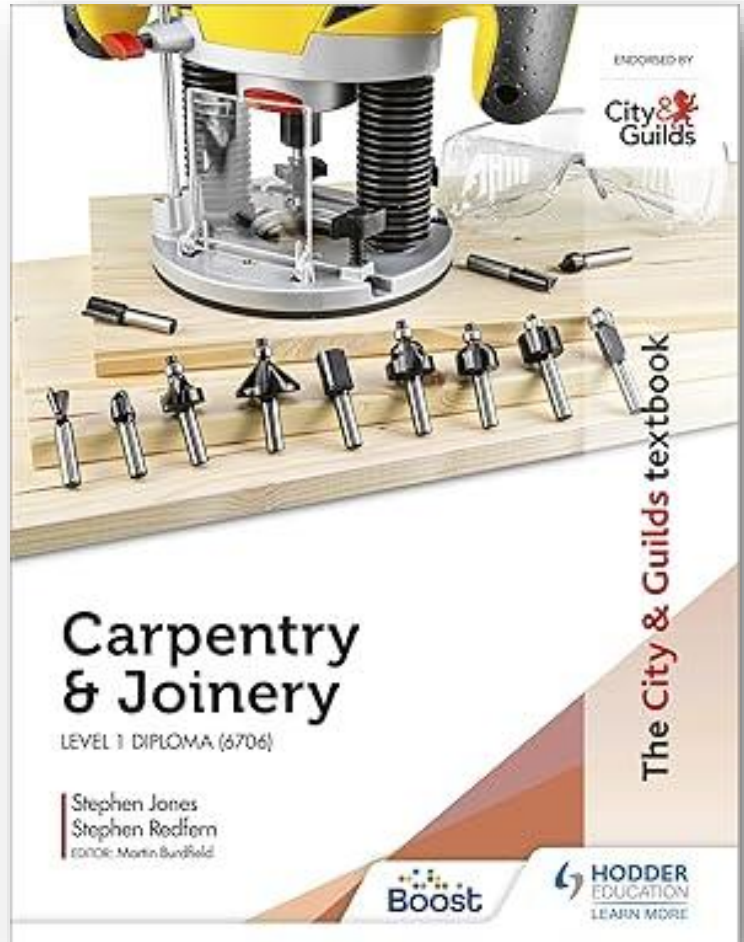
Textbook 2.

City and Guilds Textbook

L1 Diploma Carpentry and Joinery

ISBN10: 1398319376

ISBN13: 978-1398319370



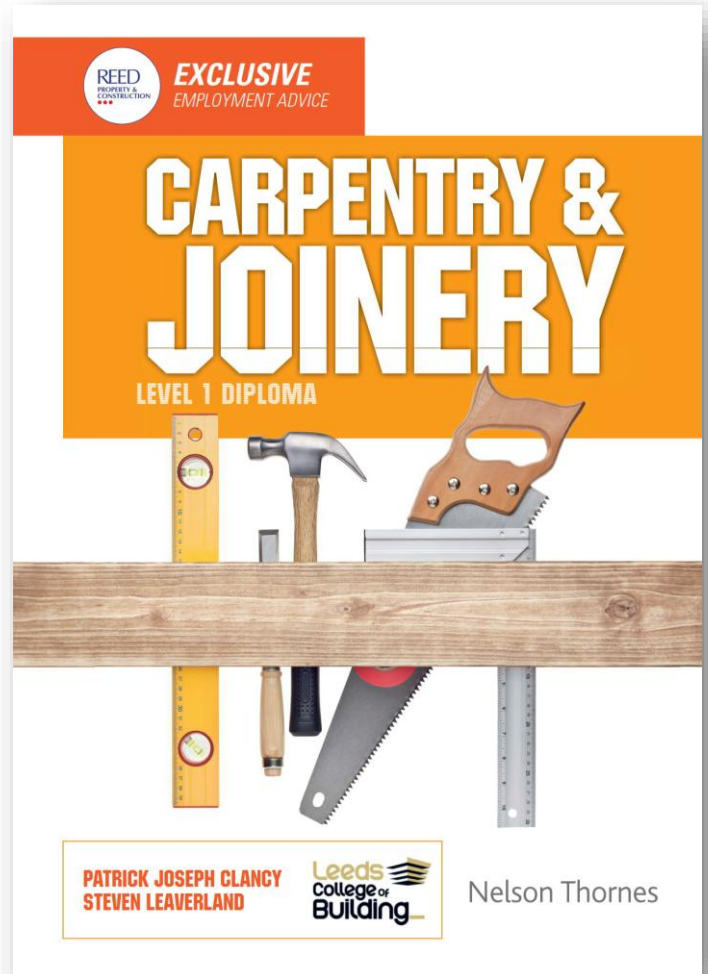
AC	Topic	Required Reading	Pages
1.1	Importance of H&S	Introduction	268–269
1.2	Role of HSE	Roles & responsibilities of HSE	275–276
1.3	Main regulations	Health & safety legislation + Table 6.1	268–271
1.4	Employer & employee responsibilities	Employer responsibilities; Employee responsibilities	272–275

Textbook 3.

Cskills Textbook
Site Carpentry Level 2 Diploma

ISBN-10: 1408521261

ISBN-13 978-1408521267



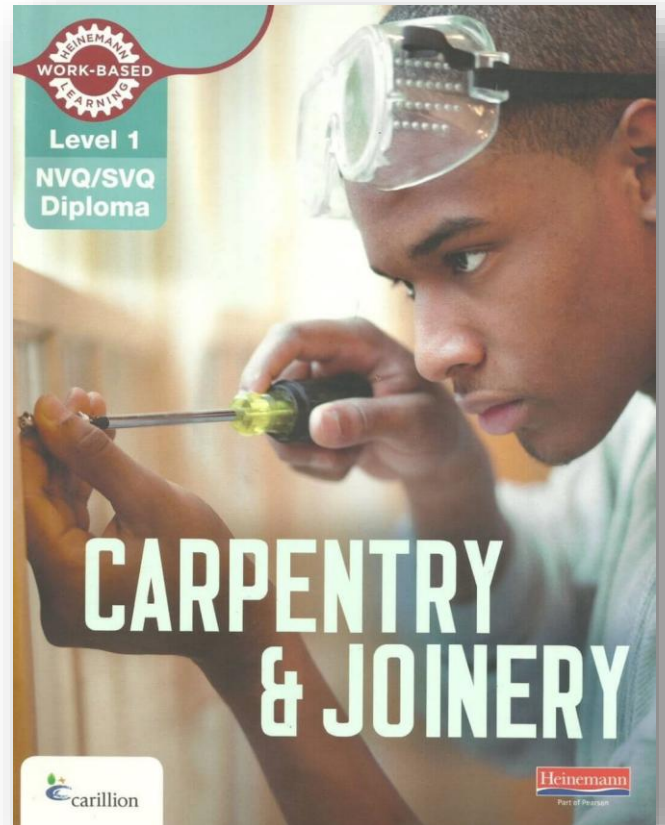
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1.3	Main regulations	Health & safety legislation + Table 6.1	268–271
1.4	Employer & employee responsibilities	Employer responsibilities; Employee responsibilities	272–275

Textbook 4.

Heinemann Textbook
L1 NVQ/SVQ Diploma Carpentry & Joinery

ISBN-10: 0435027026

ISBN-13 978-0435027025



AC	Topic	Required Reading	Textbook Source	Pages
1.1	Importance of health & safety	Introduction (hazards, accidents, fatalities, long-term health)	<i>Chp 6 – Health, Safety & Welfare in Construction</i>	268–269
1.1	Importance of health & safety	Safe working practices; industry accident statistics; health impacts	<i>Unit 1001 – Safe Working Practices in Construction</i>	Page 1



101.1.

Keywords.

Keyword Reference Sheet.

1. Accident

An unplanned event that results in injury, damage, or loss.

2. Fatality

A death caused by unsafe working conditions or serious incidents on site.

3. Hazard

Anything with the potential to cause harm (materials, equipment, environment, behaviour).

4. Risk

The likelihood and severity of harm occurring from a hazard.

5. Control Measure

An action or system put in place to reduce or eliminate risk.

6. Legislation

Laws that govern workplace safety (e.g. HASAWA 1974, CDM 2015).

7. Responsibility

Legal and moral duties of employers and employees to maintain safety.

8. Insurance

Financial protection affected by accident rates and safety performance.

9. Productivity

Output and efficiency impacted by safe or unsafe working practices.

10. Cost

The financial impact of accidents, including lost output, fines, claims, and downtime.



City &
Guilds

Keyword Glossary.

Student Name:

Student Number:

Date:

Complete the table using your reading and class notes.

Keyword	Meaning (in your own words)	Example
Accident		
Fatality		
Risk		
Control Measure		
Legislation		
Responsibility		
Insurance		
Productivity		
Cost		

Reflection.

Student Name:

Student Number:

Date:

Think about what you learned in 101.1 and how it links to 101.2.

Write a short paragraph (4–6 sentences) explaining:

- **Why health and safety is important before starting any job.**

- **How understanding hazards and risks helps you work safely.**

- **What you can do personally to prepare for the next session.**

Feedback.

Student Name:

Student Number:

Date:

Checklist.

- Reding Task Completed ☐
- Keyword Glossary Completed ☐
- Reflections Completed ☐

Lecturer Comments.

Thank You.

We would like to say thank you for using this learning material, we hope you found it useful.



If you have any questions regarding this or any other learning material, or have any suggestions about improvements or ideas please email James Rix at:

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