



Question Bank.

A. Multiple Choice (30 Questions)

Each question has **1 correct answer**.

Why is health and safety important on a construction site?

- A) To make the site look tidy
- B) To reduce accidents and loss of life
- C) To impress visitors
- D) To finish work faster

Correct: B

What is one main reason for having good health and safety?

- A) To win awards
- B) To minimise insurance costs
- C) To make workers wear uniforms
- D) To avoid paperwork

Correct: B

Good health and safety helps to reduce:

- A) Lunch breaks
- B) Accidents
- C) Holidays
- D) Tool storage

Correct: B

What can poor health and safety lead to?

- A) More teamwork
- B) More accidents
- C) More training
- D) More visitors

Correct: B

Why do companies want to minimise lost output?

- A) To keep work running smoothly
- B) To make the site quieter
- C) To reduce tea breaks
- D) To avoid buying new tools

Correct: A

Health and safety helps prevent:

- A) Delays and lost work time
- B) New workers joining

- C) Tool deliveries
- D) Weather changes

Correct: A

What does “loss of life” mean in construction?

- A) Someone leaves early
- B) Someone dies from an accident
- C) Someone forgets their tools
- D) Someone changes job

Correct: B

Why do employers want fewer accidents?

- A) To reduce insurance costs
- B) To reduce training
- C) To reduce meetings
- D) To reduce lunch breaks

Correct: A

Good health and safety helps keep workers:

- A) Busy
- B) Safe
- C) Quiet
- D) Tidy

Correct: B

What happens when accidents are reduced?

- A) More lost output
- B) Less lost output
- C) More paperwork
- D) More breaks

Correct: B

Why is it important to follow safety rules?

- A) To reduce accidents
- B) To make the site colourful
- C) To impress the manager
- D) To avoid cleaning

Correct: A

What can accidents cause?

- A) Lost output
- B) Extra holidays
- C) Free tools
- D) More visitors

Correct: A

Why do companies want to reduce insurance costs?

- A) To save money
- B) To buy more signs
- C) To hire more managers
- D) To reduce training

Correct: A

Health and safety helps protect:

- A) Tools
- B) Workers' lives
- C) Paint colours
- D) Office chairs

Correct: B

What is one benefit of fewer accidents?

- A) More lost output
- B) Less lost output
- C) More paperwork
- D) More noise

Correct: B

Why is safety training important?

- A) It reduces accidents
- B) It reduces tea breaks
- C) It reduces tool use
- D) It reduces teamwork

Correct: A

What does "minimise" mean?

- A) Make bigger
- B) Make smaller
- C) Make louder
- D) Make slower

Correct: B

Why should workers follow safety rules?

- A) To reduce risk of injury
- B) To finish early
- C) To avoid cleaning
- D) To get new tools

Correct: A

What can poor safety lead to?

- A) Higher insurance costs
- B) Lower insurance costs
- C) More free time
- D) More training

Correct: A

Why is it important to keep workers safe?

- A) To reduce loss of life
- B) To reduce noise
- C) To reduce painting
- D) To reduce visitors

Correct: A

What does good safety help prevent?

- A) Lost output

- B) Accidents
- C) Deliveries
- D) Weather delays

Correct: B

Why do companies want fewer accidents?

- A) To keep the project on schedule
- B) To reduce meetings
- C) To reduce training
- D) To reduce cleaning

Correct: A

What is a result of poor health and safety?

- A) More accidents
- B) More teamwork
- C) More training
- D) More tools

Correct: A

Why is health and safety important for workers?

- A) It protects their lives
- B) It gives them new tools
- C) It gives them more breaks
- D) It gives them new uniforms

Correct: A

What does “lost output” mean?

- A) Work stops because of accidents
- B) Workers lose their tools
- C) Workers lose their lunch
- D) Workers lose their uniform

Correct: A

Why do companies want to avoid lost output?

- A) It slows down the job
- B) It makes the site noisy
- C) It makes workers tired
- D) It makes tools dirty

Correct: A

What is one benefit of good safety training?

- A) Fewer accidents
- B) More breaks
- C) More paperwork
- D) More noise

Correct: A

Why is it important to reduce accidents?

- A) To keep workers safe
- B) To make the site colourful
- C) To reduce painting
- D) To reduce visitors

Correct: A

What can accidents cause for a company?

- A) Higher insurance costs
- B) Lower insurance costs
- C) More free tools
- D) More holidays

Correct: A

Why is health and safety important for the whole site?

- A) It keeps everyone safe
- B) It keeps tools shiny
- C) It keeps walls clean
- D) It keeps floors painted

Correct: A

B. True or False (10 Questions)

- 31. Good health and safety helps reduce accidents. **True**
- 32. Poor safety can increase insurance costs. **True**
- 33. Lost output means work continues faster. **False**
- 34. Health and safety helps protect workers' lives. **True**
- 35. Accidents have no effect on work schedules. **False**
- 36. Reducing accidents helps reduce lost output. **True**
- 37. Insurance costs stay the same no matter what happens on site. **False**
- 38. Good safety reduces the chance of someone being injured. **True**
- 39. Loss of life means someone forgot their tools. **False**
- 40. Health and safety is important to keep workers safe. **True**

C. Short Answer (10 Questions)

(Designed for simple one-sentence answers)

- 41. Give one reason why health and safety is important.
- 42. What does "lost output" mean?
- 43. How does good safety reduce insurance costs?
- 44. What can accidents cause on a construction site?
- 45. Why do companies want to reduce accidents?
- 46. What does "loss of life" mean?
- 47. How does good safety help keep work on schedule?
- 48. Give one example of how accidents affect a business.
- 49. Why is it important to protect workers?
- 50. What does "minimise" mean in health and safety?